

Scripture

Luke 2:1-5 (RSV)

In those days a decree went out from Caesar Augustus that all the world should be enrolled. This was the first enrolment, when Quirinius was governor of Syria. And all went to be enrolled, each to his own city. And Joseph also went up from Galilee, from the city of Nazareth, to Judea, to the city of David, which is called Bethlehem, because he was of the house and lineage of David, to be enrolled with Mary, his betrothed, who was with child.

Reflection

Jesus sustains us for the journey.

Bethlehem is a Hebrew word that means 'House of Bread'. It is fitting that it be the place where the bread of life, Jesus, is brought into the world.

Jesus offers himself as true, life-giving food for us. He is not ordinary bread; He is extraordinary and transcendent bread. The Israelites relied upon the bread from heaven (manna) for their journey; so we now rely on Jesus to sustain us through our lives.

How prepared are we to bring Christ into our home and our hearts. With Christ in our heart, He can do extraordinary things.

Amen.



[cgyouth.org.au/
christmas](http://cgyouth.org.au/christmas)



Contemplate + Share

Pause a few minutes with God; pray, journal.

- Q.** Did something stand out to you? Why?
- Q.** What is God saying to you right now?
- Q.** What part of your identity did you uncover?
- Q.** Do you feel compelled to make an action?

Prayer

Come Holy Spirit and prepare my heart to receive Jesus.

Give me courage to receive love and to love others, even when it is difficult.

Help me to love with charity and joy.

Jesus, you are the bread from heaven:

Lord have mercy

Jesus, you make all things new:

Christ have mercy

Jesus, you sustain us for the journey:

Lord have mercy