

Scripture

Luke 1: 32-37 (RSV)

He (Jesus) will be great, and will be called the Son of the Most High; and the Lord God will give to him the throne of his father David, and he will reign over the house of Jacob for ever; and of his kingdom there will be no end.

And Mary said to the angel, "How shall this be, since I have no husband?" And the angel said to her, "The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be called holy, the Son of God.

And behold, your kinswoman Elizabeth in her old age has also conceived a son; and this is the sixth month with her who was called barren. For with God nothing will be impossible.

Reflection

The fruit of the Holy Spirit is life.

With Him, miraculous things are possible. Why? Because He is Spirit and not limited to the flesh.

The Holy Spirit draws us nearer to God the Father. The sign of Mary's barren cousin Elizabeth conceiving a child directs us to a greater truth. God gives life. The sign itself is meaningless if it doesn't point to God.

Are you open to a life in the Spirit? Or are you still waiting for a sign?

Amen.



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Contemplate + Share

Pause a few minutes with God; pray, journal.

- Q.** Did something stand out to you? Why?
- Q.** What is God saying to you right now?
- Q.** What part of your identity did you uncover?
- Q.** Do you feel compelled to make an action?

Prayer

Jesus, you sent the Holy Spirit so that we may dwell in your life.
Give us life afresh, full of hope and peace, lived daily with you.
Send us your Spirit today.

Jesus, you offer us new life:

Lord have mercy

Jesus, you direct us to the Father:

Christ have mercy

Jesus, you are the way, the truth and the life:

Lord have mercy